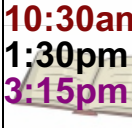


November 2026

WEST 2 Hospital ~ Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 9:00am Visits 10:00am Meditative Arts 1:30pm Brain Teasers 2:30pm Afternoon Coffee & Cookies 	3 9:00am Visits 9:30am Keep Fit 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games	4 9:00am Visits 10:00am Music & Devotions 1:00pm Andy Prayer Visits 1:30pm Table Ball 2:30pm Reading Circle	5 9:00am Visits 9:30am Mindful Movement 10:30am News & Views 1:30pm Tuck Cart Visits 3:15pm Table Chats & Giggles	6 9:00am Visits 10:00am Sewing Chair Bags 1:30pm Afternoon Coffee & Cookies 2:30pm Movie "Miracle on 34th Street"	7 
8 	9 9:00am Visits 10:00am Meditative Arts 1:30pm Brain Teasers 2:30pm Afternoon Coffee & Cookies 	10 9:00am Visits 9:30am Music Therapy w/ Marty 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games	11 REMEMBRANCE DAY  LEST WE FORGET No Recreation Staff	12 9:00am Visits 9:30am Mindful Movement 10:30am Reading Circle 2:00pm Birthday Party w/ Sue Breton! 	13 9:00am Visits 10:00am Baking Pumpkin Pie 2:00pm Coffee & Pie Social 3:00pm Table Chats & Giggles 	14 
15 	16 9:00am Visits 10:00am Meditative Arts 1:30pm Brain Teasers 2:30pm Afternoon Coffee & Cookies 	17 9:00am Visits 9:30am Keep Fit 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games 	18 9:00am Visits 10:00am Music & Devotions 1:30pm Crossword Puzzle 2:30pm Sensory Room Visits	19 9:00am Visits 9:30am Mindful Movement 10:30am Reading Circle 1:30pm Tuck Cart Visits 3:15pm Table Chats & Giggles 	20 9:00am Visits 10:00am Crochet & Knitting Social 1:30pm Movie Matinee "A Christmas Carol" 	21 
22 "A hero is someone who has given his or her life to something bigger than oneself." - Joseph Campbell 	23 9:00am Visits 10:00am Meditative Arts 1:30pm Brain Teasers 2:30pm Afternoon Coffee & Cookies 	24 9:00am Visits 9:30am Keep Fit 10:30am Concert in Care 3:00pm Resident Council Meeting 	25 9:00am Visits 10:00am Music & Devotions 1:00pm Andy Prayer Visits 1:30pm Dolly Parton's Christmas on the Square	26 9:00am Visits 9:30am Mindful Movement 10:30am Reading Circle 1:30pm Sensory Room Visits 2:30pm Knitting & Crochet Group	27 9:00am Visits 10:00am Baking Christmas Cookies 10:00am Monthly Catholic Mass 2:00pm Coffee & Cookie Social 3:00pm Table Chats & Giggles 	28 "November is autumn's last golden kiss before winter's embrace." - Anonymous 
29 	30 9:00am Visits 10:00am Meditative Arts 1:30pm Brain Teasers 2:30pm Afternoon Coffee & Cookies					