



Terrace Activities Calendar - October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TV Programs are live streamed on Menno TV		Morning Break in Dining Room: Every Day 8:15 AM 10:00 AM 		1. National Seniors Day 10:15 Walking Club 1:15 Bingo –2 nd floor 2:00 Hearing Clinic <u>3rd floor lounge</u> 2:15 Coffee Social 2 nd floor lounge	2. 10:15 Group Exercise – 4 th floor 1:30–2:30 Puppy Visit- Hospital Chapel 2:15 Ceramics <u>3rd floor lounge</u> 3:00 Crokinole-4th fl.	3. *Riddle on Screen* <u>2:15 Word Games-2nd floor</u> TV Programming
4. TV Programming	5. 10:15 Group Exercise 4 th floor lounge 1:15 Bingo 2 nd floor lounge	6. 10:30 Menno Chapel Service Hospital Chapel 1:15 Bingo 2 nd floor lounge 3:00 Crokinole 4 th floor lounge	7. 9:30 Morning Prayer 2 nd floor lounge *No Group Exercise 2:30 Fellowship Group Hymn Sing Dining Room	8. 9:05 Walmart trip 10:15 Walking Club Meet at Front Desk 1:05 Bus trip to Aldor <u>Acres Family Farm</u> 1:15 Bingo-2 nd floor 2:15 Coffee Social-2 nd fl.	9. 10:15 Group Exercise – 4 th floor 2:15 Ceramics <u>3rd floor lounge</u> 6:30 Movie Night 1 st floor lounge 3:00 Crokinole-4th fl.	10. *Riddle on screen* <u>2:15 Word Games-2nd floor</u> TV Programming
11. TV Programming	12. No Group Exercise  1:15 Bingo 2 nd floor lounge	13. 10:30 Menno Chapel Service Hospital Chapel 1:15 Bingo-2 nd floor 3:00 Crokinole 4 th floor lounge	14. *No Morning Prayer 10:15 Group Exercise 4 th floor lounge *No Fellowship Group 6:00 Board Games-2nd fl.	15. 10:15 Walking Club Meet at Front Desk 10:35 Lunch out bus trip to JD Turkey Farm 1:15 Bingo –2 nd floor 2:30 Birthday Party “Vintage”- Dining Room	16. 10:15 Group Exercise – 4 th floor 2:00 Oktoberfest with the Acchords Hospital Chapel 2:15 Ceramics <u>3rd floor lounge</u> 3:00 Crokinole-4th fl.	17. *Riddle on screen* <u>2:15 Word Games-2nd floor</u> TV Programming
18. TV Programming	19. 10:15 Group Exercise 4 th floor lounge 1:15 Bingo 2 nd floor lounge	20. 10:30 Menno Chapel Service Hospital Chapel 1:15 Bingo 2 nd floor lounge 3:00 Crokinole 4 th floor lounge	21. *No Morning Prayer 10:15 Group Exercise 4 th floor lounge 10:30 – 2:00 Shoe Sale – 2nd floor *No Fellowship Group 4:45 Pizza Dinner-2nd fl.	22. 9:35 Bus Trip to Stanley Park with lunch 10:15 Walking Club Meet at Front Desk 1:15 Bingo –2 nd floor 2:15 Arm Chair Travel 2 nd floor lounge	23. 10:15 Group Exercise – 4 th floor 2:15 Ceramics <u>3rd floor lounge</u> 3:00 Crokinole-4th fl. 5:00 Chef's Plate Primrose Dining Room (Contact LEA for tickets)	24. *Riddle on screen* <u>2:15 Word Games-2nd floor</u> TV Programming
25. TV Programming	26. 10:15 Group Exercise 4 th floor lounge 1:15 Bingo 2 nd floor lounge	27. 10:30 Concert in Care Hospital Chapel 1:15 Bingo 2 nd floor lounge 3:00 Crokinole 4 th floor lounge	28. 9:30 Morning Prayer-2 nd floor lounge 10:15 Group Exercise 4 th floor lounge 2:30 Fellowship Group Communion Dining Room 6:00 Board Games-2nd fl.	29. <u>9:50 Trip to Willowview Farm</u> 10:15 Walking Club Meet at Front Desk 1:05 Save on Foods 1:15 Bingo-2 nd floor 2:15 Coffee Social-2 nd fl.	30. 10:15 Group Exercise 4 th floor lounge 2:15 Ceramics <u>3rd floor lounge</u> 3:00 Crokinole 4 th floor lounge	31. *Riddle on screen* <u>2:15 Word Games-2nd floor</u> TV Programming

