



Menno Home West One

Activities Subject to Change; Find this calendar at <https://mennoplacelife.com/recreation-calendars/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am PomPom Exercise 10:15am DrumFit! 10:30am Chapel Service 1:30pm W1 Devotions 2:15pm Trivia Tuesday	2 9:30am Music Therapy Group with Marty 9:45am Pampered Nails 1:30pm Arts & Crafts: Autumn Trees Painting 3:00pm REACH Cards	3 9:45am Balloon Volleyball 10:15am Balloon Toss in the Lounge 11:00am Sensory & Memory 1:30pm Baking: Apple Sour Cream Muffins 1:30pm Music Therapy Visits with Marty 2:30pm Resident Council Meeting	4 9:45am Tuck Cart Visits 10:00am Giant Crossword 10:45am Singalong 1:30pm Bingo 2:30pm Happy Hour	5 9:30am Pokeno 10:30am Ax Throwing 1:30pm Bowling 2:30pm Afternoon Coffee Klatsch
6 	7 	8 9:30am Chair Dance Exercise 10:15am DrumFit! 10:30am Chapel Service 1:30pm W1 Devotions 2:15pm Trivia Tuesday	9 10:00am Ladies' Tea Time 10:15am Adaptive Arts 1:30pm Arts & Crafts: Sunflower Headband 3:00pm You Be The Judge	10 9:45am Balloon Badminton 10:15am Balloon Toss in the Lounge 11:00am Singalong 1:30pm Baking: Chocolate Chip Cookies 2:15pm Brain Teasers 2:45pm Dessert Social	11 9:45am Tuck Cart Visits 10:45am Singalong Afternoon programs to be determined as staff will be busy preparing for Saturday event	12 
13 	14 No Recreation (lieu day from Saturday) 	15 9:30am PomPom Exercise 10:15am DrumFit! 10:30am Chapel Service 1:30pm W1 & W2 Devotions with Communion 2:15pm Trivia Tuesday	16 9:30am Music Therapy Group with Marty 9:45am Pampered Nails 1:30pm Arts & Crafts: A Picture of You! 3:00pm REACH Cards	17 9:45am Balloon Volleyball 10:15am Balloon Toss in the Lounge 11:00am Sensory & Memory 1:30pm Baking: Apple Crisp 1:30pm Music Therapy Visits with Marty 2:15pm Brain Teasers 2:45pm Dessert Social	18 9:45am Tuck Cart Visits 10:00am Giant Crossword 10:45am Singalong 1:30pm Bingo 2:30pm Happy Hour	19 9:30am Pokeno 10:30am Ax Throwing 1:30pm Bowling 2:30pm Afternoon Coffee Klatsch
20 	21 10:15am Table Ball 11:00am Hymn Sing in the Lounge 1:45pm Beanbag 300 2:30pm Afternoon Coffee Klatsch 2:45pm Mind Quiz	22 9:30am Chair Dance Exercise 10:30am Concert in Care 11:00am McDonald's Lunch Bus Trip 1:30pm W1 Devotions	23 10:00am Ladies' Tea Time 10:15am Adaptive Arts 1:30pm Arts & Crafts: Polymer Clay Jewelry 3:00pm You Be The Judge	24 9:45am Balloon Badminton 10:15am Balloon Toss in the Lounge 11:00am Singalong 2:00pm Birthday Party with Sue Breton	25 9:45am Tuck Cart Visits 10:00am Tell Me a Story 10:45am Singalong 1:30pm Bingo 2:30pm Happy Hour	26 9:30am Rock Around the Clock 10:30am Pool Noodle Games 1:30pm Bowling 2:30pm Afternoon Coffee Klatsch
27 	28 10:15am Table Ball 11:00am Hymn Sing in the Lounge 1:45pm Bocce Ball 2:30pm Afternoon Coffee Klatsch 2:45pm Mind Quiz	29 9:30am PomPom Exercise 10:00am Concert in Care 1:30pm W1 Devotions 2:00pm Truth & Reconciliation Presentation with Patti Victor	30 NATIONAL DAY FOR TRUTH AND RECONCILIATION SEPTEMBER 30			