

July 2026

WEST 2 Hospital ~ Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Hello July! <i>Just be you, because you are Unique, worthy and amazing Live everyday to the fullest as You deserve all the good in life!</i></p> 	<p>Canada Day No Recreation Staff</p> 	<p>9:00am Visits 9:30am Mindful Movement 1:30pm Tuck Cart Visits 3:15pm Table Chats & Giggles</p>	<p>9:00am Visits 10:00am Baking Lemon Mousse 2:00pm Coffee & Lemon Mousse Social</p>	
5	<p>9:00am Visits 10:00am Meditative Arts 2:00pm Patio Enjoyment 2:30pm Brain Games</p>	<p>9:00am Visits 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games</p>	<p>9:00am Visits 10:00am Music & Devotions 1:00pm Andy Prayer Visits 1:30pm Bus Trip </p>	<p>9:00am Visits 10:00am Tuck Cart Visits 2:00pm Birthday Cake Social! </p>	<p>9:00am Visits 10:00am Bingo 2:00pm Birthday Party w/ Madeleine! </p>	11
12	<p>9:00am Visits 10:00am Meditative Arts 2:00pm Patio Enjoyment</p> 	<p>9:00am Visits 9:30am Keep Fit 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games</p>	<p>9:00am Visits 10:00am Music & Devotions 11:30am Hot Dog BBQ on W2 Patio 12:30pm Gerry the Entertainer! 1:00pm Andy Prayer Visits</p>	<p>9:00am Visits 9:30am Mindful Movement 10:30am Scategories 1:30pm Tuck Cart Visits 3:15pm Table Chats & Giggles</p>	<p>9:00am Visits 10:00am Baking Cookie 2:00pm Coffee & Cookie Social</p>	18
19	<p>9:00am Visits 10:00am Meditative Arts 2:00pm Patio Enjoyment w/ East 2</p>	<p>9:00am Visits 9:30am Keep Fit 10:30am Campus-Wide Music & Devotions 1:30pm Happy Hour 2:30pm Brain Games</p>	<p>9:00am Visits 10:00am Music & Devotions 1:00pm Andy Prayer Visits 2:00pm Fireside Cafe Social</p>	<p>9:00am Visits 9:30am Mindful Movement 1:30pm Tuck Cart Visits 3:15pm Table Chats & Giggles</p>	<p>9:00am Visits 10:00am Monthly Catholic Mass 1:30pm Movie Matinee in Chapel </p>	<p>July - Hot days and happy hearts!</p> 
26	<p>9:00am Visits 10:00am Meditative Arts 2:00pm Drumfit on the Patio</p>	<p>9:00am Visits 9:30am Music Therapy w/ Marty 10:30am Concert in Care 1:30pm Happy Hour 3:00pm Resident Council Meeting</p>	<p>9:00am Visits 10:00am Music & Devotions 1:00pm Andy Prayer Visits 1:30pm Bus Trip </p>	<p>9:00am Visits 11:00am Beach Party w/ Elvis! 3:15pm Table Chats & Giggles</p>		31