

ABBOTSFORD DIVISION OF FAMILY PRACTICE  
& FRASER VALLEY HEALTH CARE FOUNDATION  
PRESENTS

# HEALTH TALKS

## DEMYSTIFYING HEALTH CARE FOR SENIORS



**Thursday, June 4, 2026**  
8:30 AM - 12:30 PM



**Garden Park Tower**  
#101 - 2825 Clearbrook Rd, Abbotsford

A half-day event designed for seniors featuring educational presentations, community engagement opportunities, and a light meal with refreshments.

**FREE TO ATTEND**

REGISTER TODAY AT  
[WWW.ADOFP.CA/UPCOMING-EVENTS](http://WWW.ADOFP.CA/UPCOMING-EVENTS)

