

(Activities Subject to Change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				 (No Recreation)		
4	5	6	7	8	9	10
9:00am News & Views 9:30am Chapel livestream 9:45am Drum Fit w/W1 (in Home Chapel) 10:00am Volunteer Visits 1:30pm Weekend Wordmine 2:30pm Cozy Coffee Time	9:30am Snail Mail 10:15am Bingo 1:45pm Mindfull Movement w/ Lina 2:30pm Monday Movie Matinee 	9:30am TLC Gather N Hallway 10:30am Chapel Service (Hospital Chapel) 1:30pm Tuck Cart Shopping 1:45pm Tableball 3:30pm Scattegories-	10:15am W2 Hymns w/ Kerry 11:30am Lunch Club- Chinese Food 1:30pm Music Therapy/ w Marty 2:30pm Bowling 3:45pm Giant Crossword 	9:30am Music Therapy w/ Marty 1:30pm 30 Min Quick Fit w/Lina 2:30pm Chaplain Visits w/ Scott 2:30pm Resident Council Meeting 	10:00am Baking- Best Ever Fruitcake Cookies 2:00pm "Wheel of Fortune" 2:45pm Dessert & Coffee Social 3:30pm Baggo! 	"JANUARY IS THE PERFECT BALANCE BETWEEN WINTER'S STILLNESS AND THE NEW YEAR'S POTENTIAL."
11	12	13	14	15	16	17
9:00am News & Views 9:30am Chapel livestream 10:00am Volunteer Visits 10:30am Circle of Friends 10:30am Walking w/ Volunteers 1:30pm Weekend Wordmine 2:30pm Cozy Coffee Time	9:30am Snail Mail 10:15am Bingo 1:45pm Mindfull Movement w/ Lina 2:00pm Pampered Nails w/Shar 3:45pm Sing-a-Long w/ Lonnie	9:30am TLC Gather N Hallway 10:30am Chapel Service (Hospital Chapel) 1:30pm Tuck Cart Shopping 1:45pm Bocceball 3:30pm Totally Trivia	10:15am W2 Hymns w/ Kerry 1:30pm Curling 2:45pm Playfull Puppy Party! (in the MPR) 	9:30am Cultural Music Appreciation 10:00am Armchair Travel 2:00pm Crafty Creations w/ Lina & Shar 2:30pm Chaplain Visits w/ Scott 3:30pm Coffee & Cleanup	10:00am Baking- Eggnog Poke Cake 2:00pm "Wheel of Fortune" 2:45pm Dessert & Coffee Social 3:30pm Axe Throwing 	
18	19	20	21	22	23	24
9:15am News & Views 9:30am Chapel livestream 10:00am Volunteer Visits 10:30am Balloon Hockey 1:30pm Weekend Wordmine 2:30pm Cozy Coffee Time 	9:30am Snail Mail 10:15am Bingo 1:45pm Mindfull Movement w/ Lina 2:30pm Monday Movie Matinee	9:30am TLC Gather N Hallway 10:30am Chapel Service (Hospital Chapel) 1:30pm Bus Trip- Greater Vancouver Zoo 2:00pm Tuck Cart Shopping 	10:15am W2 Hymns w/ Kerry 1:30pm Music Therapy/ w Marty 2:30pm Bowling 3:45pm Giant Crossword 	9:30am Music Therapy w/ Marty 1:30pm Stretch & Strength w/Lina 2:30pm Chaplain Visits w/ Scott 2:30pm Coffee Social 3:00pm "You Be The Judge"	10:00am Baking- Sticky Toffee Pudding 2:00pm "Wheel of Fortune" 2:45pm Dessert & Coffee Social 3:30pm Baggo! 	"MAY WE ALL HAVE A VISION NOW AND THEN, OF A WORLD WHERE EVERY NEIGHBOUR IS A FRIEND. HAPPY NEW YEAR." -ABBA
25	26	27	28	29	30	31
9:00am News & Views 9:30am Chapel livestream 10:00am Volunteer Visits 10:30am Walking w/ Volunteers 10:30am Circle of Friends 1:30pm Weekend Wordmine 2:30pm Cozy Coffee Time	9:30am Snail Mail 10:15am Bingo 1:45pm Mindfull Movement w/ Lina 2:00pm Pampered Nails w/Shar 3:45pm Sing-a-Long in the Lounge 	9:30am TLC Gather N Hallway 10:30am Concert in Care - TBA 1:30pm Tuck Cart Shopping 1:45pm Bocceball 3:30pm Totally Trivia	10:15am W2 Hymns w/ Kerry 2:30pm January/February Birthday Party w/ musical Entertainer Nick Klassen!! 	9:30am Cultural Music Appreciation 10:00am Armchair Travel 2:00pm Crafty Creations w/ Lina & Shar 2:30pm Chaplain Visits w/ Scott 3:30pm Coffee & Cleanup	10:00am Baking- Black Forest Sheet Cake 2:00pm "Wheel of Fortune" 2:45pm Dessert & Coffee Social 3:30pm Axe Throwing 	