East 2 Menno Hospital

January 2026



Activities subject to change. Find this calendar at: mennoplacelife.com/recreation-calendars/

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		, and a second of	,	1	2	3
				New Years Day No Recreation	9:00am 1:1 Room Visits 10:00am Keep Fit 1:30pm Trivia	Happy New Year
4		6	7	8	9	10
	10:00am Move and Groove 10:45am Crosswords & Coffee 2:00pm Bingo	9:00am 1:1 Room visits 10:30am Church Service in the Chapel 1:15pm Tuck Cart Visits 2:15pm Bocce	10:00am Music and Devotions 1:30pm Bus Trip	10:00am Colouring Circle 10:30am Move and Groove 1:30pm Manicures 2:30pm Bingo	9:00am 1:1 Room Visits 10:00am Scattergories 10:00am Keep Fit 1:30pm Baking with Brittany	
11	12	13	14	15	16	17
	10:00am Move and Groove 10:45am Crosswords & Coffee 2:00pm Walk to the Cafe	9:00am 1:1 Room visits 9:00am Music Therapy with Marty 10:30am Church Service in the Chapel 1:15pm Tuck Cart Visits 2:30pm Bowling	10:00am Music and Devotions 1:30pm Puppies in the Chapel	10:00am Goldilocks Program in the Chapel 1:30pm Move and Groove 2:30pm Bingo	9:00am 1:1 Room Visits 10:00am Cooking with Brittany 1:30pm Trivia 2:00pm Music and Memories with Kristina & Oliver	
18	19	20		22		24
	10:00am Move and Groove 10:45am Crosswords & Coffee 2:00pm Bingo	9:00am 1:1 Room visits 10:30am Church Service in the Chapel 1:15pm Tuck Cart Visits 2:30pm Target Toss		10:00am Goldilocks Program in the Chapel 1:30pm Manicures 2:30pm Bingo	9:00am 1:1 Room Visits 10:00am Keep Fit 10:30am Short Stories 1:30pm Brain Games- Name that Star	
25	26		28	29	30	31
	10:00am Move and Groove 10:45am Crosswords & Coffee 2:00pm Bingo	9:00am 1:1 Room visits 10:30am Concert in Care in the Chapel 1:15pm Tuck Cart Visits 2:30pm Curling	10:00am Music and Devotions 1:30pm Bus Trip	10:00am Goldilocks Program in the Chapel 1:30pm Move and Groove 2:30pm Bingo	9:00am 1:1 Room Visits 10:00am Keep Fit 10:30am Trivia Madness 1:30pm Baking with Brittany	

"Enter this new year with gratitude for this new chance to create your dreams." —Avina
 Celeste