



All Programs Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30am Dominoes 10:30am Mining for Words 1:30pm Baggo 300 - Ch 2:30pm Coffee Social
<b>2</b> 2:30pm Sunday Chapel - Channel #59	<b>3</b> 9:30am BINGO 10:30am Winter Scattergories 1:30pm Eastside Games - Bowling 2:30pm E2 Friends & Fellowship	<b>4</b> 8:30am Good Morning Chats 9:30am Art with Janet 10:00am Hospital Chapel Service 1:00pm EAST I HOME BUS TRIP 1:00pm Devotions - Chalet 2:00pm Devotions - Lounge	<b>5</b> 9:00am Recreation Meeting 10:30am Dominoes - L 2:00pm LIVE ENTERTAINMENT WITH ELSIE	<b>6</b> 9:30am Valentines Craft 11:00am TLC Family ZOOM Visits 1:30pm Hymn Sing - L 2:15pm News from Western Canada 3:30pm Family Zoom Call/TLC Visit	<b>7</b> 9:30am Gentle Stretch & Balloon Ball 10:30am Reminisce & Remember 1:30pm Trivia Time 2:30pm Sing Along in the Chalet	<b>8</b> 9:30am Dominoes 10:30am Mining for Words 1:30pm Seasonal Colouring 2:30pm Coffee Social
<b>9</b> 2:30pm Sunday Chapel - Channel #59	<b>10</b> 9:30am BINGO 10:30am Winter Scattergories 1:30pm BAGGO ACTIVE GAME 2:30pm Favourite Tunes	<b>11</b> 8:30am Good Morning Chats 9:30am Art with Janet 10:00am Hospital Chapel Service 1:00pm TLC Visits - CH 1:00pm Devotions - Chalet 2:00pm TLC Visits - L 2:00pm Devotions - Lounge	<b>12</b> 9:30am Dominoes 10:30am Reminisce Together 1:30pm Arm Chair Travel 2:30pm TLC Visits	<b>13</b> 9:30am Music Therapy 11:00am TLC Family ZOOM Visits 1:30pm Music Connections - Name That Tune 2:30pm Music Connections - L 3:30pm Family Zoom Call/TLC Visit	<b>14</b> 9:30am Baking Cupcakes 10:45am Ladies Corner 2:00pm VALENTINES EVENT WITH THE RED ROCKERS IN THE CHAPEL	<b>15</b> 9:30am Dominoes 10:30am Mining for Words 1:30pm Baggo 300 - Ch 2:30pm Coffee Social
<b>16</b> 2:30pm Sunday Chapel - Channel #59	<b>17</b> <b>Family Day Holiday</b> No Recreation Staff	<b>18</b> 8:30am Good Morning Chats 9:30am Art with Janet 10:00am Hospital Chapel Service 1:00pm TLC Visits - CH 1:00pm Devotions - Chalet 2:00pm TLC Visits - L 2:00pm Devotions - Lounge	<b>19</b> 9:30am Good Morning Chats 11:00am VALENTINES LUNCH CLUB 2:15pm BINGO	<b>20</b> 9:30am High Tea & Treats 11:00am TLC Family ZOOM Visits 1:30pm Stories from the Heart 2:15pm News from Western Canada 3:30pm Family Zoom Call/TLC Visit	<b>21</b> 9:30am Gentle Stretch & Balloon Ball 10:15am HYMNS WITH HELMUT 1:30pm Ladies Fashion Flair 2:30pm E2 Friends & Fellowship	<b>22</b> 9:30am Dominoes 10:30am Mining for Words 1:30pm Seasonal Colouring 2:30pm Coffee Social
<b>23</b> 2:30pm Sunday Chapel - Channel #59	<b>24</b> 9:30am BINGO 10:30am Winter Scattergories 1:30pm BAGGO ACTIVE GAME 2:30pm Favourite Tunes	<b>25</b> 8:30am Good Morning Chats 10:00am CONCERT IN CARE - HOSPITAL CHAPEL 1:00pm TLC Visits - CH 1:00pm Devotions - Chalet 2:00pm TLC Visits - L 2:00pm Devotions - Lounge	<b>26</b> 9:30am DOMINOES 10:30am Birthday Treats & Tunes 1:30pm February Birthday Celebration 2:30pm Charades	<b>27</b> 9:30am Music Therapy 11:00am TLC Family ZOOM Visits 1:30pm Music Connections - Name That Tune 2:30pm Music Connections - L 3:30pm Family Zoom Call/TLC Visit	<b>28</b> 9:30am TLC Visits 10:30am Balloon & Ball Games - L 1:30pm Jeopardy with E2 2:30pm E2 Friends & Fellowship	

