







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs listed on TV Channel 10. <b>Highlighted in-person activities</b></p>	 <p>LEST WE FORGET</p>	<p><b>Morning Break in Dining Room:</b> Every Day 8:15 AM-10:00 AM</p> 			<p>1.10:00 TV Exercise 9:15 Ceramics-3<sup>rd</sup> 10:15 Group Exercise-4<sup>th</sup> 1:15 Ceramics-3<sup>rd</sup> 1:30 TV Staff Prayer-R 6:00 TV Church Services</p>	<p>2. *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p>
<p><b>3. Daylight Savings Time Ends</b></p> <p>9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p>	<p><b>4.</b> 10:00 TV Exercise 10:15 Group Exercise 1:15 Bingo- TE 1<sup>st</sup> <b>2:30 Terrace WEST Community Meeting (Dining Room)</b> 6:00 TV Church Services</p>	<p><b>5.</b> 9:30 TV Exercise <b>10:30 In-Person Menno Chapel Service (Hospital Chapel)</b> <b>10:30 - 3 Shoe Sale-1<sup>st</sup> floor</b> 6:00 Table Games with Denise-1<sup>st</sup> floor 6:00 TV Church Services</p>	<p><b>6.</b> 9:00 TV Mural Painting <b>9:30 Morning Prayer-1<sup>st</sup></b> 10:00 TV Exercise <b>*No Group Exercise</b> 10:50 TV Menno Forum 1:15 TV Painting Class <b>1:30 Bowling -4<sup>th</sup> Floor</b> <b>2:30 FG-Hymn Sing-DR</b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>7.8:30 TV Staff Prayer</b> <b>9:15 Trip to BC Flight Museum/Lunch</b> 10:00 TV Exercise <b>10:15 Walking Club</b> 10:45 TV Forum-Repeat <b>1:15 Bingo- TE 1<sup>st</sup></b> <b>2:00 Remembrance Day Presentation-Hospital</b> <b>2:00 Hearing Clinic-3<sup>rd</sup></b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>8.</b> 10:00 TV Exercise 9:15 Ceramics-3<sup>rd</sup> 10:15 Group Exercise-4<sup>th</sup> 1:15 Ceramics-3<sup>rd</sup> 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p>	<p><b>9.</b> *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p>
<p><b>10.</b> 9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p>	<p><b>11.Remembrance Day</b> <b>No Recreation Staff!</b> 10:00 TV Exercise <b>*No Group Exercise</b> <b>*No Bingo</b> 6:00 TV Church Services</p>  <p>LEST WE FORGET</p>	<p><b>12.</b> 9:30 TV Exercise <b>10:30 In-Person Menno Chapel Service (Hospital Chapel)</b> <b>1:15 Bingo-TE 1<sup>st</sup></b> <b>6:00 Table Games with Denise-1<sup>st</sup> floor</b> 6:00 TV Church Services</p>	<p><b>13.</b> 9:00 TV Mural Painting <b>9:30 Morning Prayer-1<sup>st</sup></b> 10:00 TV Exercise <b>10:15 Group Exercise- 4<sup>th</sup></b> 10:50 TV Menno Forum 1:15 TV Painting Class <b>1:30 Bowling -4<sup>th</sup> Floor</b> <b>2:30 FG-Bible &amp; Life-4<sup>th</sup> fl.</b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>14.8:30 TV Staff Prayer</b> 10:00 TV Exercise <b>9:35 Mennonite Museum tour/Lunch</b> <b>10:15 Walking Club</b> 10:45 TV Forum-Repeat <b>1:15 Bingo- TE 1<sup>st</sup></b> <b>2:30 Birthday Party "Acchords"</b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>15.</b> 10:00 TV Exercise 9:15 Ceramics-3<sup>rd</sup> 10:15 Group Exercise-4<sup>th</sup> 1:15 Ceramics-3<sup>rd</sup> 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p>	<p><b>16.</b> *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p>
<p><b>17.</b> 9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p>	<p><b>18.</b> 10:00 TV Exercise <b>10:15 Group Exercise</b> <b>2:00 Bingo-TE 1<sup>st</sup></b> 6:00 TV Church Services</p>	<p><b>19.9:30 TV Exercise</b> <b>10:30 In-Person Menno Chapel Service (Hospital Chapel)</b> <b>1:15 Bingo-TE 1<sup>st</sup></b> 6:00 TV Church Services <b>6:30 Gospel Brass Band Terrace Dining Room</b></p>	<p><b>20.</b> 9:00 TV Mural Painting <b>9:30 Morning Prayer-1<sup>st</sup></b> 10:00 TV Exercise <b>10:15 Group Exercise-4<sup>th</sup></b> 10:50 TV Menno Forum 1:15 TV Painting Class <b>1:30 Bowling -4<sup>th</sup> Floor</b> <b>2:30 FG-Communion-DR</b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>21.</b> 8:30 TV Staff Prayer 10:00 TV Exercise <b>10:15 Walking Club</b> 10:45 TV Forum-Repeat <b>1:05 Walmart trip</b> <b>1:15 Bingo- TE 1<sup>st</sup></b> <b>2:30 Coffee Social-TE 1<sup>st</sup></b> 2:45 TV Forum-Repeat <b>4:15 Evening Dinner Out</b> 6:00 TV Church Services</p>	<p><b>22.</b> <b>8:30 MCC Donation Day</b> 10:00 TV Exercise 9:15 Ceramics-3<sup>rd</sup> 10:15 Group Exercise-4<sup>th</sup> 1:15 Ceramics-3<sup>rd</sup> 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p>	<p><b>23.</b> *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p>
<p><b>24.</b> 9:30 Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p>	<p><b>25.</b> 10:00 TV Exercise <b>10:15 Group Exercise</b> <b>2:00 Bingo-TE 1<sup>st</sup></b> 6:00 TV Church Services</p> 	<p><b>26.</b> 9:30 TV Exercise <b>10:30 Concert in Care (Hospital Chapel)</b> <b>1:15 Bingo-TE 1<sup>st</sup></b> <b>6:00 Table Games with Denise-1<sup>st</sup> floor</b> 6:00 TV Church Services</p>	<p><b>27.9:00 TV Mural Painting</b> <b>9:30 Morning Prayer-1<sup>st</sup></b> 10:00 TV Exercise <b>10:15 Group Exercise-4<sup>th</sup></b> 10:50 TV Menno Forum 1:15 TV Painting Class <b>1:30 Bowling -4<sup>th</sup> Floor</b> <b>2:30 FG-Bible &amp; Life-4<sup>th</sup> fl.</b> 2:45 TV Forum-Repeat 6:00 TV Church Services <b>7:30 Church of God Choir</b></p>	<p><b>28.8:30 TV Staff Prayer</b> <b>8:45 Bus trip: Potters Christmas Store</b> 10:00 TV Exercise <b>10:15 Walking Club</b> 10:45 TV Forum-Repeat <b>1:05 Walmart trip</b> <b>1:15 Bingo- TE 1<sup>st</sup></b> <b>2:30 Grief &amp; Loss Support Presentation-DR</b> 2:45 TV Forum-Repeat 6:00 TV Church Services</p>	<p><b>29.</b> 10:00 TV Exercise 9:15 Ceramics-3<sup>rd</sup> 10:15 Group Exercise-4<sup>th</sup> 1:15 Ceramics-3<sup>rd</sup> 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p>	<p><b>30.</b> *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p>

