

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Programs listed on TV Channel 10. Highlighted in-person activities</p> |  | <p>1. 9:30 TV Exercise 10:30 In-Person Menno Chapel Service (Hospital Chapel) 1:15 Bingo-TE 1st 6:00 Table Games with Denise-1st floor 6:00 TV Church Services</p> | <p>2. 9:00 TV Mural Painting 9:30 Morning Prayer-1st 10:00 TV Exercise *No Group Exercise 10:45 TV Menno Forum 1:15 TV Painting Class 1:30 Bowling -4th Floor 2:30 FG- Communion- DR 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>3. 8:30 TV Staff Prayer 9:25 Trip to the Cranberry fields 10:00 TV Exercise 10:15 Walking Club 10:45 TV Forum-Repeat 1:05 Walmart Trip 1:15 Bingo- TE 1st 2:00 Hearing Clinic-3rd 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>4. 10:00 TV Exercise 10:15 Group Exercise-4th 1:15 Table Games-1st 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p> | <p>5. *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p> |
| <p>6. 9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p> | <p>7. 10:00 TV Exercise 10:15 Group Exercise 2:30 Terrace EAST Community Meeting (Dining Room) 6:00 TV Church Services</p> | <p>8. 9:30 TV Exercise 10:30 In-Person Menno Chapel Service (Hospital Chapel) 1:15 Bingo-TE 1st 2:00 Octoberfest with the Acchords (Hospital Chapel) 6:00 Table Games-1st 6:00 TV Church Services</p> | <p>9. 9:00 TV Mural Painting 9:30 Morning Prayer-1st 10:00 TV Exercise 10:15 Group Exercise-4th 10:45 TV Menno Forum 1:15 TV Painting Class 1:30 Bowling -4th Floor 2:30 FG-Bible & Life-4th fl. 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>10.8:30 TV Staff Prayer 9:05 Trip to 7 Oaks 10:00 TV Exercise 10:15 Walking Club 10:45 TV Forum-Repeat 1:15 Bingo- TE 1st 2:30 Coffee Social-TE 1st 2:45 TV Forum-Repeat 4:15 Evening Dinner out 6:00 TV Church Services</p> | <p>11. 10:00 TV Exercise 10:15 Group Exercise-4th 1:15 Ceramics-3rd 1:30 TV Staff Prayer-Repeat 2:30 Mel Bowker Classical Piano Music Dining Room 6:00 TV Church Services</p> | <p>12. *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p> |
| <p>13. 9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p> | <p>14. No Recreation Staff! 10:00 TV Exercise *No Group Exercise *No Bingo 6:00 TV Church Services</p> <p style="text-align: center;"><i>Happy Thanksgiving</i></p> | <p>15.9:30 TV Exercise 10:30 In-Person Menno Chapel Service (Hospital Chapel) 1:15 Bingo-TE 1st 1-4 BC Election Advanced Stationary Voting-Bistro 6:00 Table Games-1st 6:00 TV Church Services</p> | <p>16. 9:00 TV Mural Painting 9:30 Morning Prayer-1st 10:00 TV Exercise 10:15 Group Exercise- 4th 10:45 TV Menno Forum 1:15 TV Painting Class 1:30 Bowling -4th Floor 2:30 FG-Hymn Sing-DR 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>17.9:10 Stanley Park & Revolving Restaurant 8:30 TV Staff Prayer 10:00 TV Exercise 10:15 Walking Club 10:45 TV Forum-Repeat 1:15 Bingo- TE 1st 2:30 Birthday Party "Nick Klassen" 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>18. 10:00 TV Exercise 10:15 Group Exercise-4th 1:30 TV Staff Prayer-Repeat 6:00 TV Church Services</p> | <p>19. *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p> |
| <p>20. 9:30 TV Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p> | <p>21. 10:00 TV Exercise 10:15 Group Exercise 2:00 Bingo-TE 1st 6:00 TV Church Services</p> | <p>22. 9:30 TV Exercise 10:30 Concert in Care (Hospital Chapel) 1:15 Bingo-TE 1st 6:00 Table Games with Denise-1st floor 6:00 TV Church Services</p> | <p>23. 9:00 TV Mural Painting 9:30 Morning Prayer-1st 10:00 TV Exercise 10:15 Group Exercise-4th 10:45 TV Menno Forum 1:15 TV Painting Class 1:30 Bowling -4th Floor 2:30 FG-Bible & Life-4th fl. 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>24. 8:30 Breakfast at Rivers Restaurant 8:30 TV Staff Prayer 10:00 TV Exercise 10:15 Walking Club 10:45 TV Forum-Repeat 1:05 Walmart Trip 1:15 Bingo- TE 1st 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>25.10:00 TV Exercise 10:15 Group Exercise-4th 1:15 Ceramics-3rd 1:30 TV Staff Prayer-Repeat 2:00 Walking Aids Safety Check – TE 1st floor lounge 6:00 TV Church Services</p> | <p>26. *Riddle on screen* 10:00 TV Exercise 1:30 TV Concerts in Care 6:00 TV Church Services</p> |
| <p>27. 9:30 Clearbrook MB 2:00 TV Menno Chapel Service 6:00 TV Church Services</p> | <p>28. 10:00 TV Exercise 10:15 Group Exercise 2:00 Bingo-TE 1st 6:00 TV Church Services</p> | <p>29. 9:30 TV Exercise 10:30 In-Person Menno Chapel Service (Hospital Chapel) 11-2 Alta Vida Fashion Boutique-1st 3:00 Bingo-TE 1st 6:00 Table Games-1st 6:00 TV Church Services</p> | <p>30. TE Vaccine Clinic 9:00 TV Mural Painting 9:30 Morning Prayer-1st 10:00 TV Exercise 10:15 Group Exercise-4th 10:45 TV Menno Forum 1:15 TV Painting Class 2:30 FG "The Chosen"-4th 2:45 TV Forum-Repeat 6:00 TV Church Services</p> | <p>31. TW Vaccine Clinic 8:30 TV Staff Prayer 10:00 TV Exercise *No Walking Club* 10:45 TV Forum-Repeat 1:15 Bingo- TE 1st 2:30 Coffee Social-TE 1st 2:45 TV Forum-Repeat 6:00 TV Church Services</p> |  | <p>Morning Break in Dining Room: Every Day 8:15 AM- 10:00 AM</p>  |

