



All Programs Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am TLC Visits - L 9:30am Music Therapy 1:30pm Music Connections 2:45pm TLC Visits - CH	2 9:30am Gentle Stretches-Ch 10:00am Ball Toss - Ch 10:30am Hymn Sing 1:30pm Baking Biscuits 3:00pm Friday with Friends	3 9:30am Baggo 300 - Ch 10:15am Mining for Words 1:30pm Dominoes 2:30pm Coffee Social
4 2:30pm Sunday Chapel - Channel #59	5 9:30am Bean Bag Toss 10:30am Scattergories - CH 1:30pm E1/E2 Bowling League 2:30pm Mix & Mingle with East 2	6 9:30am TLC Visits - CH 9:30am Devotions - Chalet 10:30am Devotions - Lounge 11:00am TLC Visits - L 1:00pm Art with Janet 1:30pm Scattergories - L 2:30pm Pet Stories	7 9:30am Good Morning Chats 10:00am Planning Meeting 1:30pm Button Making 2:30pm Coffee Connection	8 9:30am JAVA Music - CH 10:30am JAVA Music - L 1:30pm Junk Drawer Detective 2:30pm Laughter is the Best Medicine 3:00pm Snacks & Chats	9 9:30am Gentle Stretches-Ch 10:00am Balloon Toss 10:30am Hymns with Helmut 1:30pm Chinese New Year Scattergories - CH 2:15pm Chinese New Year Parade 3:00pm Friday with Friends	10 Chinese New Year 9:30am Baggo 300 - Ch 10:15am Mining for Words 1:30pm Dominoes 2:30pm Coffee Social
11 2:30pm Sunday Chapel - Channel #59	12 9:30am Bean Bag Toss 10:30am Scattergories - CH 1:30pm Winter Puppy Event 2:30pm Reminisce Together	13 9:30am TLC Visits - CH 9:30am Devotions - Chalet 10:30am Devotions - Lounge 11:00am TLC Visits - L 1:00pm Art with Janet 1:30pm Valentine Craft 3:00pm Circle of Friends - Ch	14 9:30am BINGO - L 10:30am Koffee Klatch 2:00pm VALENTINE EVENT IN THE HOSPITAL CHAPEL 2:30pm Coffee Connection	15 9:30am TLC Visits - L 9:30am Music Therapy 1:30pm Music Connections 2:45pm TLC Room Visits	16 9:30am Gentle Stretches-Ch 10:00am Ball Toss - Ch 10:30am JAVA Music - CH 1:30pm JAVA Music - L 2:30pm Friday Coffee Chit Chat	17 9:30am Baggo 300 - Ch 10:15am Mining for Words 1:30pm Dominoes 2:30pm Coffee Social
18 2:30pm Sunday Chapel - Channel #59	19 Happy Family Day No Recreation Staff	20 9:30am TLC Visits - CH 9:30am Devotions - Chalet 10:30am Devotions - Lounge 11:00am TLC Visits - L 1:00pm Art with Janet 1:30pm Painting Craft 3:00pm Coffee Social	21 9:30am Random Acts of Kindness 10:30am Resident Treats & Talks 1:30pm BINGO - L 2:30pm Coffee Connection	22 9:30am JAVA Music - CH 10:30am JAVA Music - L 1:30pm Baking Together 3:00pm Snacks & Chats	23 9:30am Gentle Stretches-Ch 10:00am Balloon Toss 10:30am Hymns with Helmut 1:30pm Junk Drawer Detective 2:30pm Musical Favourites 3:00pm Friday with Friends	24 9:30am Baggo 300 - Ch 10:15am Mining for Words 1:30pm Dominoes 2:30pm Coffee Social
25 2:30pm Sunday Chapel - Channel #59	26 9:30am Bean Bag Toss 10:30am Scattergories - CH 2:00pm MUSIC ENTERTAINMENT WITH COLLEEN 3:00pm Coffee Time	27 9:30am TLC Visits - CH 9:30am Devotions - Chalet 10:30am Devotions - Lounge 11:00am TLC Visits - L 1:00pm Art with Janet 1:30pm EAST 1 BUS TRIP	28 9:30am Good Morning Chats 10:30am CONCERT IN CARE 1:30pm Birthday Treat Social- Ch 2:30pm Birthday Treats & Tunes - L	29 9:30am TLC Visits - L 9:30am Music Therapy 1:30pm Music Connections 2:45pm TLC Room Visits		