

November 2023



All Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Stretch & Strength Exercises 11:00am LUNCH WITH THE BUNCH (E1 & E2 Home) 1:30pm Bingo 2:30pm Baggo 300	2 9:15am Circle of Friends 9:30am Devotions 10:45am Reading Circle (Emotional) 1:30pm Dominos 2:30pm Snacks & Chats Social	3 9:30am Current Events/News & Views 10:30am Bocce Ball 1:00pm Bus Trip	4
5 9:30am Walks & Talks in the Courtyard 10:15am Word Games 1:30pm Armchair Travel 2:00pm Sing-a-long 2:30pm Chapel	6 9:30am Rise & Shine Morning Exercises 10:15am Men's & Ladies Group 1:30pm Active Games 2:30pm Circle of Friends 2:45pm Bible Study	7 9:30am Art Therapy with Janet 10:30am 1:1 - Social 1:30pm Java Music 2:30pm Mining for Words	8 ***STAFF MEETING*** 9:30am Music Therapy 1:30pm Bingo 2:30pm Musical Memories/Sing-a-long with Marty & Debbie	9 9:15am Circle of Friends 9:30am Devotions 10:45am Reminisce and Recall 1:30pm Dominos 2:30pm Snacks & Chats Social	10 9:30am Remembrance Day Poppy Craft 10:00am Manicures & Music 2:00pm Remembrance Day Event	11
12 9:30am Walks & Talks in the Courtyard 10:15am Word Games 1:30pm Armchair Travel 2:00pm Sing-a-long 2:30pm Chapel	13 REMEMBRANCE DAY NO RECREATION	14 9:30am Crafts with Debbie & Janet 10:30am 1:1 - Emotional 1:15pm Movie Matinee in the Chapel	15 9:30am Baking/Cooking 10:30am Trivia 1:30pm Bingo 2:30pm Charades	16 9:15am Circle of Friends 9:30am Devotions 10:45am Reading Circle (Emotional) 1:30pm Dominos 2:30pm Snacks & Chats Social	17 9:30am Current Events/News & Views 10:15am Fireside Cafe Visits 1:30pm Wylie & The Other Guy Entertainment 2:30pm Birthday Cake Celebration	18
19 9:30am Walks & Talks in the Courtyard 10:15am Word Games 1:30pm Armchair Travel 2:00pm Sing-a-long 2:30pm Chapel	20 9:30am Rise & Shine Morning Exercises 10:15am Men's & Ladies Group 1:30pm Humour Club 2:30pm Circle of Friends 2:45pm Bible Study	21 9:30am Art Therapy with Janet 10:30am 1:1 - Social 1:30pm Java Music 2:30pm Crossword Puzzles	22 9:30am Music Therapy 10:00am Concert in Care - Hospital Chapel 1:30pm Bingo 2:30pm Musical Memories/Sing-a-long with Marty & Debbie	23 9:15am Circle of Friends 9:30am Devotions 10:45am Reminisce and Recall 1:30pm Dominos 2:30pm Snacks & Chats Social	24 9:30am Current Events/News & Views 10:00am Manicures & Music 1:30pm Balloon Volleyball/Music 2:30pm Christmas Decorating Begins :)	25
26 9:30am Walks & Talks in the Courtyard 10:15am Word Games 1:30pm Armchair Travel 2:00pm Sing-a-long 2:30pm Chapel	27 9:30am Stretch N Strength Exercises 10:30am Juice & Jokes 1:30pm East Side Bowling League 2:45pm Bible Study 3:00pm Hydration Station	28 9:30am Christmas Crafts Begin with Debbie & Janet 10:30am 1:1 - Emotional 1:30pm Java Music 2:30pm Card Games - Pokeno & Crazy Eights	29 9:30am Baking/Cooking 10:30am Trivia 1:30pm Bingo 2:30pm Connect Four	30 9:15am Circle of Friends 9:30am Devotions 10:45am Reading Circle (Emotional) 1:30pm Dominos 2:30pm Snacks & Chats Social		