





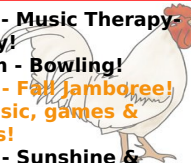



September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Rehab Exercises Mon- Fri</p> <p>Zoom Calls Tues, Wed, Thurs</p>			<p>1</p> <p>10:15am - Balloon Volleyball 1:30pm - Scattegories 1:30pm - 1:1 Candy Cart Visits 3:00pm - Resident Council Meeting</p>	<p>2</p> <p>10:00am - Morning Murals- w/ Janet 10:30am - Friday Fitness-w/Shar 1:30pm - Java Music 3:00pm - Flavourfull Sweets Friday! 3:30pm - Sing-a-Long </p>	<p>3</p> <p>No Recreation</p>
<p>4</p> <p>No Recreation</p>	<p>5</p> <p>9:30am - Sittercise- w/ Julie 10:30am - Music & Soul 1:30pm - Bingo 3:00pm - Munchies & Mingle</p>	<p>6</p> <p>9:30am - Corn Shucking! 11:30am - Lunch Club- Ribs & Corn! 2:30pm - TableBall! 3:30pm - Word Game Fun</p> 	<p>7</p> <p>10:00am - Devotions- (Lrg Dining Rm) 10:45am - Devotions- (Sml Dining Rm) 1:30pm - Stretch & Strength-w/Julie 2:00pm - Pampered Nails 3:00pm - Giant Crossword</p>	<p>8</p> <p>9:30am - Music Therapy- w/ Marty! (All Day!) 10:15am - Bowling! 1:30pm - 1:1 Candy Cart Visits 2:00pm - Scattegories- GRAND 3:45pm - Sunshine & Stories</p>	<p>9</p> <p>10:00am - Morning Murals- w/ Janet 10:30am - Friday Fitness-w/Shar 1:45pm - Crafty Creations 3:00pm - Fresh Fruit Friday! 3:30pm - Sing-a-Long</p>	<p>10</p>
<p>11</p> <p>9:30am - Bean Bag 300 1:30pm - Word Mining- GRANDPARENTS DAY 1:30pm - Sunday Sing A Long 2:30pm - Sundaes on Sunday</p>	<p>12</p> <p>9:30am - Music and Soul 10:30am - Sittercise- w/ Shar 1:30pm - Bingo 3:00pm - Munchies & Mingle 3:30pm - Fresh Air Strolls</p>	<p>13</p> <p>10:00am - Armchair Travel- Exploring the Caribbean island of Tortuga 10:30am - TableBall! 2:00pm - September Birthday Party with Musical Guest Peter Montgomery! 3:30pm - Word Game Fun</p> 	<p>14</p> <p>10:00am - Devotions- (Lrg Dining Rm) 10:45am - Devotions- (Sml Dining Rm) 1:30pm - Stretch & Strength-w/Julie 2:00pm - Pampered Nails 3:00pm - Horse Race Trivia Game</p>	<p>15</p> <p>9:45am - Baggo- Game 1 10:30am - Baggo- Game 2 1:30pm - 1:1 Candy Cart Visits 2:00pm - Scattegories 3:45pm - Sunshine & Stories</p>	<p>16</p> <p>10:00am - Morning Murals- w/ Janet 10:30am - Violin with Werner 1:30pm - Java Music 3:00pm - Flavourfull Sweets Friday! 3:30pm - Sing-a-Long</p>	
<p>18</p> <p>9:30am - Bean Bag 300 1:30pm - Sunday Sing A Long 2:30pm - Sundaes on Sunday</p> 	<p>19</p> <p>9:30am - Music and Soul 10:30am - Sittercise- w/ Shar 1:30pm - Bingo 3:00pm - Munchies & Mingle 3:30pm - Fresh Air Strolls</p>	<p>20</p> <p>10:15am - Baking- Apple Oatmeal Crisp 10:30am - TableBall! 1:30pm - Music and Soul 2:30pm - Coffee & Dessert Social 3:30pm - Word Game Fun</p>	<p>21</p> <p>10:00am - Devotions- (Lrg Dining Rm) 10:45am - Devotions- (Sml Dining Rm) 1:30pm - Stretch & Strength-w/Julie 2:00pm - Pampered Nails 3:00pm - Giant Crossword</p>	<p>22</p> <p>9:30am - Music Therapy- w/ Marty! 10:15am - Bowling! 1:15pm - Fall Jamboree! -live music, games & desserts! 3:45pm - Sunshine & Stories</p> 	<p>23</p> <p>10:00am - Morning Murals- w/ Janet 10:30am - Friday Fitness-w/Shar 1:45pm - Crafty Creations 3:00pm - Fresh Fruit Friday! 3:30pm - Sing-a-Long</p>	<p>24</p>
<p>25</p> <p>9:30am - Bean Bag 300 1:30pm - Sunday Sing A Long 2:30pm - Sundaes on Sunday</p>	<p>26</p> <p>9:30am - Bingo 10:30am - Munchies & Mingle 1:15pm - Bus Trip- (Destination TBA)  2:00pm - Sittercise- w/ Julie 2:45pm - Music & Soul</p>	<p>27</p> <p>10:00am - Let's Learn about the Octopus! 10:30am - TableBall! 1:30pm - Pet Visits with Tesla 2:30pm - Charcuterie Snax Social 3:30pm - Word Game Fun</p>	<p>28</p> <p>10:00am - Devotions- (Lrg Dining Rm) 10:45am - Devotions- (Sml Dining Rm) 1:30pm - Stretch & Strength-w/Julie 2:00pm - Pampered Nails 3:00pm - Horse Race Trivia Game</p>	<p>29</p> <p>10:15am - Balloon Volleyball 2:00pm - Let's Learn about Oktoberfest! 2:45pm - Beers & Bratwurst! 3:30pm - Word Mining- OKTOBERFEST</p>	<p>30</p> <p>10:00am - Morning Murals- w/ Janet 10:30am - Friday Fitness-w/Shar 1:30pm - Java Music 3:00pm - Flavourfull Sweets Friday! 3:30pm - Sing-a-Long</p>	<p>31</p>