

Terrace Activities Calendar -September 2022-

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Programs listed on TV Channel 10.</p> <p>Highlighted in-person activities.</p>		<p>No in person activities during any possible outbreak/isolation</p> <p>Tune into Channel 10 for programs</p>		<p>1.9:00 Walmart Trip 9:45 Table games-TE 1st 10:00 TV Exercise 1:15 West Oaks Bus Trip 1:15 Bingo- TE 1st Floor 2:00 Hearing Clinic-TE 3rd 2:30 Java Club-TE 1st 6:30 7 Oaks Alliance 7:30 Mill Lake Church</p>	<p>2. 9:00 Northview MB Service 9:45 Table Games-1st 10:00 TV Exercise 10:15 Standing Exercise-4th 1:30 Coffee Social-1st Floor 2:30 Emmanuel Mennonite 6:30 Central Heights</p>	<p>3. 10:00 TV Exercise *Riddle on screen* 1:30 Concerts in Care 6:30 South Abby Church</p>
<p>4. Channel 10 TV Services:</p> <p>9:30 Church Service</p> <p>2:30 Menno Chapel Service</p>	<p>5. Labour Day NO Recreation Staff</p> <p>9:00 TV Exercise 9:45 Table Games-1st 10:00 Mural Painting 1:15 Painting Class</p> 	<p>6. *Nametag Tuesday*</p> <p>9:00 Prayer 9:30 Menno Forum 9:45 Table Games-1st 10:00 TV Exercise 10:15 Brain Games-1st 1:30 Bowling (4th Floor) 2:30 Uno-1st floor 6:30 Church Services</p>	<p>7.</p> <p>9:00 Morning Prayer – 1st 10:00 TV Exercise 1:15 Bingo – TE 1st Floor 2:30 Fellowship-4th Floor 2:30 Table Games-Bistro 6:30 Sherbrooke 7:30 Broadway</p>	<p>8. Trip to Stanley Park-Picnic</p> <p>9:45 Table games-TE 1st 10:00 TV Exercise 10:15 Walking Club 1:15 Bingo- TE 1st Floor 2:30 Java Club-TE 1st 6:30 7 Oaks Alliance 7:30 Mill Lake Church</p>	<p>9.</p> <p>9:00 Northview MB Service 9:45 Table Games-1st 10:00 TV Exercise 10:15 Standing Exercise-4th 1:30 Coffee Social-1st Floor 2:00 Nail Painting-3rd Floor 2:30 Emmanuel Mennonite 6:30 Central Heights</p>	<p>10. 9:15 Bocce Ball</p> <p>10:00 TV Exercise *Riddle on screen* 10:15 Colouring Social-TE 1st Floor 1:30 Concerts in Care 6:30 South Abby Church</p>
<p>11. Channel 10 TV Services:</p> <p>9:30 Church Service</p> <p>2:30 Menno Chapel Service</p>	<p>12.</p> <p>9:00 TV Exercise 9:45 Table Games-1st 10:15 Standing Exercise (4th Floor) 10:00 Mural Painting 1:15 Painting Class 2:00 Bingo-TE 1st Floor</p>	<p>13. *Nametag Tuesday*</p> <p>9:00 Prayer 9:30 Menno Forum 9:30 Ceramics 10:00 TV Exercise 10:15 Jeopardy-TE 1st 1:30 Ceramics 2:30 Uno-1st floor 6:30 Church Services</p>	<p>14. 9:00 Morning Prayer – 1st</p> <p>*No Group Exercise*</p> <p>10:00 TV Exercise 1:15 Bingo – TE 1st Floor 2:30 Fellowship-4th Floor 2:30 Table Games-Bistro 6:30 Sherbrooke 7:30 Broadway 7:30 Church of God in Christ Choir Group-Primrose Dining Room</p>	<p>15. Bus Trip-BC Ferry</p> <p>9:45 Table games-TE 1st 10:00 TV Exercise 10:15 Walking Club 1:15 Bingo- TE 1st Floor 2:30 Java Club-TE 1st 6:30 7 Oaks Alliance 7:30 Mill Lake Church</p>	<p>16.</p> <p>9:00 Northview MB Service 9:45 Table Games-1st 10:00 TV Exercise 10:15 Standing Exercise-4th 1:30 Coffee Social-1st Floor 2:30 Emmanuel Mennonite 6:30 Central Heights</p>	<p>17. 9:15 Golf Putt</p> <p>*Riddle on screen* 10:00 TV Exercise 1:30 Concerts in Care 3:30 Colouring TE 1st 6:30 South Abby Church</p>
<p>18. Channel 10 TV Services:</p> <p>9:30 Church Service</p> <p>2:30 Menno Chapel Service</p>	<p>19.</p> <p>9:00 TV Exercise 9:45 Table Games-1st 10:15 Standing Exercise -4th 10:00 Mural Painting 1:15 Painting Class 2:00 Bingo-TE 1st Floor</p>	<p>20. *Nametag Tuesday*</p> <p>9:00 Prayer 9:30 Menno Forum 9:30 Ceramics 10:00 TV Exercise 10:15 Brain Games-1st 1:30 Ceramics 2:30 Uno-1st floor 6:30 Church Services</p>	<p>21.</p> <p>9:00 Morning Prayer – 1st 10:15 Standing Exercise- 4th 10:00 TV Exercise 1:15 Bingo – TE 1st Floor 2:30 Fellowship-4th Floor 2:30 Table Games-Bistro 5:00 Dinner Club 6:30 Sherbrooke 7:30 Broadway</p>	<p>22. *Fall Equinox*</p> <p>9:45 Table games-TE 1st 10:00 TV Exercise 10:15 Walking Club 1:15 Bingo- TE 1st Floor 1-3 Fall Jamboree - Courtyard 6:30 7 Oaks Alliance 7:30 Mill Lake Church</p>	<p>23.</p> <p>9:00 Northview Service 9:45 Table Games-1st 10:00 TV Exercise 10:15 Standing Exercise-4th 1:30 Coffee Social-1st Floor 2:00 Nail Painting-3rd Floor 2:30 Emmanuel Mennonite 6:30 Central Heights</p>	<p>24.</p> <p>*Riddle on screen* 9:15 Bocce Ball 10:00 TV Exercise 1:30 Concerts in Care 2:30 Reminiscing 6:30 South Abby Church</p>
<p>25. Channel 10 TV Services:</p> <p>9:30 Church Service</p> <p>2:30 Menno Chapel Service</p>	<p>26.9:00 TV Exercise 9:45 Table Games-1st 10:15 Standing Exercise (4th Floor Lounge) 10:00 Mural Painting 1:15 Painting Class 2:30 Community Meeting –Dining Room</p>	<p>27. *Nametag Tuesday*</p> <p>9:00 Prayer 9:30 Menno Forum 9:30 Ceramics 10:00 TV Exercise 10:15 Trivia TE-1st 1:30 Ceramics 2:30 Uno-1st floor 2:30 Music with Nick Klassin –Dining Room 6:30 Church Services</p>	<p>28. 9:00 Morning Prayer – 1st 10:15 Standing Exercise- 4th 10:00 TV Exercise 1:15 Bingo – TE 1st Floor 2:30 Fellowship-4th Floor 2:30 Table Games-Bistro 6:30 Sherbrooke 7:30 Broadway 7:30 Church of God in Christ Choir Group-Pavilion Dining Room</p>	<p>29. Trip to Bloedel Conservatory</p> <p>9:45 Table games-TE 1st 10:00 TV Exercise 10:15 Walking Club 1:15 Bingo- TE 1st Floor 2:30 Java Club-TE 1st 6:30 7 Oaks Alliance 7:30 Mill Lake Church</p>	<p>30. National Day for Truth & Reconciliation *No Recreation Staff*</p> <p>9:00 Northview Service 9:45 Table Games-1st 10:00 TV Exercise 2:30 Emmanuel Mennonite 6:30 Central Heights</p>	<p>Coffee In Dining Room:</p> <p>Every Day 8:15 AM- 10:00 AM</p> 

