



## Menno Place Resident Council / Community Meeting

Date: **JUNE 2 W2, JUNE 7 W21**

Building: **MENNO HOME**

Staff in attendance: W2: Sharlene (Rec), Ingrid S. (Chaplain),  
W1: Candace (Rec), Carmen (Rec), Laura (Dining) Angela (Dining)

Residents in attendance: W2: Egon, Lena, Patricia, Dottie, Nance, Aileen, Anne, Aimee, Willy, Rita, Carol, Myrtle, Kathy, Patricia H, Doris, Verna. W1: David, Eleanor, Johan, Elias, Sara, Alfred, Helen, George, Jean, Victor, Joan, Muriel, Nettie

Family in attendance: N/A

Minutes taken by: Garry J. LEC

<b>Agenda</b>	<b>Discussion</b>	<b>Action</b>
	Facilitated by Rec Staff Guests and presenters invited by Rec Staff	Corrective Action Who to Complete Target Date Actual Date of Completion
<b>Successes</b>	<b>W2:</b> No comments <b>W1:</b> The Bus Trips have been enjoyed by residents Mission Abbey & Birchwood Dairy were to most recent. The residents enjoyed the Tim Hortons donuts as well.	
<b>Guest Presenter/ Speaker</b>	<b>W1</b> No Guest speaker, Kathrin M was invited but is away at a conference. <b>W2: Ingrid S</b> – Introduced and explained the work that Chaplains to here at Menno Place. i.e.: Devotions, Live Stream, Butterfly Memorial, End of Life/Palliative Journey with residents, working with Palliative volunteers, and so much more. Ingrid shared some of her work history and what lead her to Menno Place. Ingrid also shared how the residents have inspired her	

	<p>over the years and how much she has learned from them.</p> <p>Statements from Residents.</p> <p>“Acceptance brings peace” - <b>Acceptance</b></p> <p>“It is what it is! – <b>Surrender</b></p> <p>“I have so much to be grateful for.” – <b>Gratitude.</b></p> <p>Ingrid shared that she will be retiring June 17 of this year after 10 years of serving here at Menno Place. Ingrid asked Residents to pray for her replacement as well as her transition.</p> <p>What will she do?</p> <p>She has a trip planned for July – A MCC Bolivia Team Reunion. Traveling to Ohio, Toronto, PEI &amp; Nova Scotia.</p> <p>Ingrid expressed her deep thanks to the residents for allowing her to serve with them over the years.</p>	
<p><b>Old Business</b> Review the action points only from previous meeting</p>	<p>The minutes from our last meeting <b>MAY</b> have been posted and distributed. Are there any corrections?</p> <p>Approved by: <b>Verna / Jean</b> Seconded by: <b>Aimee / David</b></p> <p>Review last meeting’s Action Points.</p>	
<p><b>New Business</b></p>	<p>Add in any unfinished Action Points. Ask for additional agenda items for this meeting.</p>	
<p><b>Programs and Recreation</b> Get feedback from previous month’s activities / programs / special events</p>	<p><b>W1 / W2:</b> No comments from residents.</p>	

<p><b>Projects</b> such as renovations, gardens, etc.</p>	<p>Resident have noticed the new flowers and planter boxes around the campus. On the Patios and at the entrances. The residents appreciate the new growth of spring. <b>W2:</b> Courtyard is being cleaned up and new items are being planted. <b>W1:</b> Residents have been appreciating the new flowers in the Courtyard.</p>	
<p><b>Nursing</b> Questions and Comments</p>	<p><b>W2:</b> Residents asked for nursing to encourage the resident on the unit that smokes in the W2 Courtyard to move farther away from the open doors and windows. <b>W1:</b> Resident stated that the Care Staff/Nursing are appreciated for their patience as they do their work.</p>	<p><b>ACTION:</b> Nursing will receive this information through the minutes.</p>
<p><b>Administrative</b> holidays</p>	<p>June has no stat holidays. July 1st is Canada Day! It was noted that Father's Day is June 19th</p>	
<p><b>Volunteers</b></p>	<p><b>W1/W2:</b> With the increase of new volunteers we are excited to have more activities happening this summer. This summer we will also be participating in the Canada Summer Jobs Program. <b>Canada Summer Jobs program:</b> People are applying for various funded summer positions to work here at Menno. Each position is an 8 week full time position, for work experience and possible future employment in various positions.</p>	<p><b>ACTION:</b> Recreation will receive this information through the minutes.</p>
<p><b>Therapy Programs</b> OT, Walking Program, Music program</p>	<p><b>W1/W2:</b> No Comments, questions or concerns</p>	
<p><b>Social Work</b></p>	<p><b>W2:</b> Recreation will be inviting Kim to the next W2 Home Resident Council in the fall. <b>W1:</b> No comments, questions or concerns.</p>	<p><b>ACTION:</b> Social Workers will receive this information</p>

		through the minutes.
<b>Spiritual / Pastoral Care</b>	<p><b>W2:</b> Ingrid was guest’s speaker, see above.</p> <p><b>W2: Residents commented: Suggestion for Ingrid’s replacement,</b> they expressed how much they love to participate in devotions. To them this means more than just attending. This means (for those who are able) to be able to share, read scriptures, help pick songs, be actively involved in some way. Ingrid did this well and the residents would like this to continue.</p> <p><b>W1:</b> Residents informed about Ingrid Schulz’s retirement party on June 17<sup>th</sup> in the Home Chapel.</p>	<b>ACTION:</b> Chaplains will receive this information through the minutes.
<b>Laundry / Housekeeping</b>	<p>W2 AH W2 281 – Missing Lap Quilt, she has a picture of it. <b>LEC put in Worxhub 476241</b></p> <p>VJ – W2 277 – Missing some of her undergarments. <b>LEC put in Worxhub 476242</b></p> <p>No other comments, questions or concerns Housekeeping: W2 Resident (DC) commented that sometimes her garbage is not emptied daily.</p> <p><b>W1 – Update from last month’s meeting question:</b> <b>W1 MAY: Resident</b> pointed out that the pillow cases are appearing very old and dirty (worn out/stained) “It makes you not want to put your head on them” <b>W1 MAY: Resident asked:</b> “Is it possible to get new inventory of pillow cases and sheet for the residents?” <b>Action:</b> LEC followed up with Laundry Manager.</p>	<b>ACTION:</b> Laundry Mgr. will receive this information through the minutes and Worxhub.

	<p><b>Response:</b> Laundry has been pulling out the grey pillowcases and replacing with new ones. I also had Haddon out to adjust the chemicals some so they were doing a better job. Lena informed me that the laundry, eg. Sheets and pillowcases, are staying white for the new ones added in. Laundry will continue to cull out any of the grey ones so can hopefully have it all done soon. Laundry has ordered more pillowcases as well.</p> <p>W1: No comments questions or concerns this meeting.</p>	
<p><b>Maintenance</b></p>	<p><b>W2:</b> No comments concerns or questions.</p> <p><b>W1: Update from last month’s meeting question.</b></p> <p><b>W1 MAY: Resident asked</b> where all the pots, plants and a bag of soil went, the items were on the West side of the building, outside, close to her window (room 176). Resident stated that the bag of soil was hers.</p> <p><b>Action:</b> LEC followed up with Maintenance.</p> <p><b>Response:</b> When Spring cleaning outside, Westside of property the gardeners cleaned it up and probably disposed of it. Bas stated maintenance will buy her new baskets, a bag of soil and replace her garden tools if she would like. Maintenance will follow up directly with the resident.</p> <p>Recreation stated they have some left over plants and they will ask Resident if she wants to plant them.</p> <p><b>W1 June:</b> Residents informed about the new maintenance guys on the team – Aaron &amp; Eric... so not to confuse the residents, it was noted that they are twins.</p>	

	No other comments or concerns expressed.	
<b>Safety (Mandatory)</b>	<p style="text-align: center;"><b>HEAT STRESS PREVENTION:</b></p> <p>In the event there are high temperatures outside resulting in extreme heat in your area, please consider the following to prevent heat stress:</p> <ul style="list-style-type: none"> <li>• Drink plenty of cold water</li> <li>• Wear loose clothing</li> <li>• Place cold towels around neck to help cool down the body</li> <li>• Take micro breaks in a cool area as needed</li> <li>• Apply sunscreen, wear a hat and sunglasses</li> </ul> <p>Heat stress presents itself in different ways, from fatigue, light headedness, and irritability to heat exhaustion (cool, clammy skin, pale, dizziness) to heat stroke which is critical. Please keep an eye on each other. If you see another resident looking faint or dizzy, please encourage them to cool down and take a break.</p>	
<b>Dining</b> Questions and Comments	<p><b>W2</b> <b>Resident stated</b> they did not receive their May Meal of the Month last month. June Meal of the Month: Ham, Asparagus, Rice Pilaf with Strawberry/Rhubarb pie and ice cream for Dessert. <b>Resident Commented</b> that the food on Sat May 21/2022 – Lunch was not what was advertised, the soup was poorly made, and it was weak and watery for a cream soup. Supper time: the hamburger meat was thin and tough, over cooked, the hamburger itself was not assembled well lack of condiments, basically a bun and meat was</p>	<b>ACTION:</b> Dining Mgr. will receive this information through the minutes.

what she received.

**Another resident commented:** it seems on the weekend the quality of the food drops.

**The residents were asked by Rec for a straw poll;**

**How do you find the food that is being served?**

**Resident's comments:**

"Feels the food is good"

"Depends on the day and I assume the cook"

"The food is great"

"I think it depends on your personal taste and preferences"

Various opinions were shared by the residents.

W1: Angela RF (Dining Mgr.) and Laura Fast (Dining) in attendance.

Residents began by picking the **Meal of the Month**

BBQ Chicken, Asparagus and Baked Potato wedges with Strawberry Rhubarb pie with ice cream for dessert.

**Laura F. asked** if there are any comments questions or concerns.

Residents (JL) commented that she has too much sauce and gravy over everything.

Laura stated she will adjust her personal dietary preferences.

Resident (JM) too much pepper on her food. Laura stated they will adjust her personal dietary preferences.

Resident (VD) – "to much pasta served"

Laura noted his preference.

**Angela RF addressed** a resident concern about too much starches being served. She reviewed the Canada Food Guide requirements for LTC. Menno Place must follow the guide when serving food.

**Angela suggested** to the residents that if they do not want a starch being served, they should tell the service team and then ask for more vegetables or the protein being served. If you are still hungry simply ask for more.

**Angela reviewed** the new summer/fall menu

Informing residents that they will be receiving more salads (as asked for in the May meeting) and some new soups.

**Residents invited to share** with the kitchen their favorite soup recipes and Laura will try and recreate it.

It was also noted that the soup served at Menno Home and Hospital is made on site.

**Angela was also noted** that the residents now have muffins and raisin toast available during breakfast. **As requested by the residents. Residents appreciative.**

**Angela also noted** some of the Gluten free products available. It was mentioned that she orders Gluten free products locally from Sprouted Oven.

**Laura shared** with the residents that in the fall she would like to start a **Food Tasting Event** on a regular basis. To test and sample new ideas and products available from supplies. This will help get the residents regular feedback on what is being served during the Dining Experience. Dining & Recreation offered to schedule it in the activity calendar.

Residents appreciated that Angela and Laura attended the meeting.



<p><b>Programs coming up Next Month</b></p>	<p><b>W2</b>  June 7 – White Rock Bus trip  June 9<sup>th</sup> – Elsie Giesbrecht Devotions on Wednesdays  Candy Cart on Thursdays.  June 10<sup>th</sup> Butterfly Release and Memorial Service  June 19 Father’s Day  June 21 Indigenous Day Celebrations  June 23 June Birthday Party with Peter Montgomery  June 29<sup>th</sup> Lunch Club – Pizza on the Patio</p> <p><b>W1</b>  Devotions on Monday  Art &amp; Soul with Janet on Thursdays  Baking together on Wednesdays  Candy cart on Thursdays  June 10<sup>th</sup> Butterfly Release and Memorial Service  June 17<sup>th</sup> Father’s Day Breakfast  June 21 – Bus Trip - National Indigenous Peoples Day  June 23<sup>rd</sup> Lunch Club – McDonalds  June 24<sup>th</sup> June Birthday Party with Jason Matheny  June 29 – Baking Canadian Beaver Tales  June is Pride Month</p>	
<p><b>Next Month</b>  Agenda Items to add for the next month</p>		
<p><b>Next Month</b>  meeting details  Date, Time, Location, Speaker</p>	<p>No meeting in July and August  Next Meeting: September/2022 next meeting  Guest Speaker: TBD</p>	

<p><b>Moments of Joy</b></p> <p>Quote or other for Inspiration and positive ending to the meeting</p>	<p>Rec Staff to prepare this beforehand</p> <p><b>Resident shared a Moment of Joy</b></p> <p>“The Happiness of your life. Depends on the quality of your life.”</p> <p>“Life is not about waiting for the storm to pass, but learning how to dance in the rain”</p>	
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**Other Notes or Comments**

**1 Doris/Victor 2<sup>nd</sup> Willy/Jean**