

# Terrace West Activities Calendar -May 2022-

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1. Channel 10 TV Services:</b>  <b>9:30 Church Service</b>  <b>2:30 Menno Chapel Service</b>	<b>2.</b> 9:00 TV Exercise <b>10:15 Standing Exercise (TE 4<sup>th</sup> Floor)</b> 10:00 Mural Painting 1:15 Painting Class <b>2:30 Bingo</b> 2:30 Bakerview Church 6:30 Emmanuel Mennonite	<b>3. *Nametag Tuesday*</b> 9:00 Prayer <b>9:30 Brain Games-TE 1<sup>st</sup></b> 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel <b>1:30 Bowling (TE 4<sup>th</sup> Floor)</b> <b>2:30 Bocce/Putting</b> 2:30 Hymn Sing 6:30 Bakerview MB 7:30 St. Matthews Anglican	<b>4.</b> 9:00 Prayer <b>9:30 Standing Exercise- 4<sup>th</sup></b> 10:00 TV Exercise 11:15 Music with Marty <b>1:20 Workbook Answers</b> 1:30 TV Bingo <b>3:30 Table Games (Bistro)</b> 6:30 Sherbrooke Service 7:30 Broadway MB	<b>5. 8:30 Ladies' Breakfast (Dining Room)</b> 9:00 Prayer 10:00 TV Exercise 11:15 Music with Marty <b>2:00 Bingo (Bistro)</b> <b>2:00 Hearing Clinic-3<sup>rd</sup>fl.</b> 2:30 Bible Study 6:30 7 Oaks/7:30 Mill Lake	<b>6.</b> 9:00 Northview MB Service <b>9:00 Men's Prayer-TE 1<sup>st</sup></b> <b>9:30 Standing Exercise-TE 4<sup>th</sup></b> 10:00 TV Exercise <b>10:00 Social-TE 1<sup>st</sup></b> <b>2:00 Pool Table- 3<sup>rd</sup> Floor</b> 2:30 Bethel Mennonite <b>2:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 6:30 Central Heights	<b>7.</b> 10:00 TV Exercise *Riddle on screen* 1:30 Concerts in Care 6:30 South Abby Church
<b>8. Happy Mother's Day! Channel 10 TV Services:</b>  <b>9:30 Church Service</b>  <b>2:30 Menno Chapel Service</b>	<b>9.</b> 9:00 TV Exercise <b>10:15 Standing Exercise (TE 4<sup>th</sup> Floor)</b> 10:00 Mural Painting 1:15 Painting Class <b>2:30 Bingo</b> 2:30 Bakerview Church 6:30 Emmanuel Mennonite	<b>10.9:00 Prayer</b> <b>9:30 Brain Games-Bistro</b> 10:00 TV Exercise <b>10-3 Clarks Shoe Sale 1<sup>st</sup> Floor Lounge</b> 11:00 Menno Forum 1:30 Arm Chair Travel <b>1:30 Bowling (TE 4<sup>th</sup> Floor)</b> <b>2:30 Bocce/Putting</b> 2:30 Hymn Sing 6:30 Church Services	<b>11.</b> 9:00 Prayer <b>9:30 Standing Exercise- 4<sup>th</sup></b> 10:00 TV Exercise 11:15 Music with Marty <b>1:20 Workbook Answers</b> 1:30 TV Bingo <b>3:30 Table Games (Bistro)</b> 6:30 Sherbrooke Service 7:30 Broadway MB	<b>12.</b> 9:00 Prayer <b>9:30 Shopping Trip</b> <b>10:15 Walking Club</b> 10:00 TV Exercise 11:15 Music with Marty <b>2:00 Bingo (Bistro)</b> 2:30 Bible Study 6:30 7 Oaks Alliance 7:30 Mill Lake Church	<b>13.</b> 9:00 Northview MB Service <b>9:00 Men's Prayer-TE 1<sup>st</sup></b> <b>9:30 Standing Exercise-TE 4<sup>th</sup></b> 10:00 TV Exercise <b>10:00 Social-TE 1<sup>st</sup></b> <b>2:00 Pool Table- 3<sup>rd</sup> Floor</b> 2:30 Bethel Mennonite <b>2:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 6:30 Central Heights	<b>14.</b> 10:00 TV Exercise *Riddle on screen* 1:30 Concerts in Care 6:30 South Abby Church
<b>15. Channel 10 TV Services:</b>  <b>9:30 Church Service</b>  <b>2:30 Menno Chapel Service</b>	<b>16.</b> 9:00 TV Exercise <b>10:15 Standing Exercise (TE 4<sup>th</sup> Floor)</b> 10:00 Mural Painting 1:15 Painting Class <b>2:30 Bingo</b> 2:30 Bakerview Church 6:30 Emmanuel Mennonite	<b>17. *Nametag Tuesday* Resident Art Gallery</b> 9:00 Prayer <b>9:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel <b>1:30 Bowling (TE 4<sup>th</sup> Floor)</b> <b>2:30 Bocce/Putting</b> 6:30 Bakerview MB 7:30 St. Matthews Anglican	<b>18. Resident Art Gallery</b> 9:00 Prayer <b>9:30 Standing Exercise-4<sup>th</sup></b> 10:00 TV Exercise 11:15 Music with Marty <b>1:20 Workbook Answers</b> 1:30 TV Bingo <b>3:30 Table Games (Bistro)</b> 6:30 Sherbrooke Service 7:30 Broadway MB	<b>19. Resident Art Gallery</b> 9:00 Prayer <b>10:15 Walking Club</b> 10:00 TV Exercise 11:15 Music with Marty <b>1:30 Bus Trip-Potters</b> <b>2:00 Bingo (Bistro)</b> 2:30 Bible Study 6:30 7 Oaks Alliance 7:30 Mill Lake Church	<b>20. Resident Art Gallery</b> 9:00 Northview MB Service <b>9:00 Men's Prayer-TE 1<sup>st</sup></b> <b>9:30 Standing Exercise-TE 4<sup>th</sup></b> 10:00 TV Exercise <b>10:00 Social-TE 1<sup>st</sup></b> <b>2:00 Pool Table- 3<sup>rd</sup> Floor</b> <b>2:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 6:30 Central Heights	<b>21.</b> *Riddle on screen* 10:00 TV Exercise 1:30 Concerts in Care 6:30 South Abby Church
<b>22. Channel 10 TV Services:</b>  <b>9:30 Church Service</b>  <b>2:30 Menno Chapel Service</b>	<b>23. "No Recreation Staff"</b> 9:00 TV Exercise 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 6:30 Emmanuel Mennonite  	<b>24. *Nametag Tuesday*</b> 9:00 Prayer <b>9:30 Brain Games-TE 1<sup>st</sup></b> 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel <b>1:30 Bowling (TE 4<sup>th</sup> Floor)</b> <b>2:30 Bocce/Putting</b> 2:30 Hymn Sing 6:30 Bakerview MB 7:30 St. Matthews Anglican	<b>25.</b> 9:00 Prayer <b>9:30 Standing Exercise-4<sup>th</sup></b> 10:00 TV Exercise 11:15 Music with Marty <b>1:20 Workbook Answers</b> 1:30 TV Bingo <b>3:30 Table Games (Bistro)</b> 6:30 Sherbrooke Service 7:30 Broadway MB	<b>26.</b> 9:00 Prayer <b>10:15 Walking Club</b> 10:00 TV Exercise 11:15 Music with Marty 2:30 Bible Study 6:30 7 Oaks Alliance 7:30 Mill Lake Church	<b>27.9:00 Northview MB Service</b> <b>9:00 Men's Prayer-TE 1<sup>st</sup> Floor</b> <b>9:30 Standing Exercise-TE 4<sup>th</sup></b> 10:00 TV Exercise <b>10:00 Social-TE 1<sup>st</sup></b> <b>10:45 Fitness Equipment Orientation (TE 4<sup>th</sup>Floor)</b> <b>2:00 Pool Table- 3<sup>rd</sup> Floor</b> 2:30 Bethel Mennonite <b>2:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 6:30 Central Heights	<b>28.</b> *Riddle on screen* 10:00 TV Exercise 1:30 Concerts in Care 6:30 South Abby Church
<b>29. Channel 10 TV Services:</b>  <b>9:30 Church Service</b>  <b>2:30 Menno Chapel Service</b>	<b>30.9:00 TV Exercise</b> <b>10:15 Standing Exercise(TE 4<sup>th</sup> Floor)</b> 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church <b>2:30 Music with Nick Klassen-Dining Room</b> 6:30 Emmanuel Mennonite	<b>31. *Nametag Tuesday*</b> 9:00 Prayer <b>9:30 Jeopardy/Trivia-TE 1<sup>st</sup></b> 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel <b>1:30 Bowling (TE 4<sup>th</sup> Floor)</b> <b>2:30 Bocce/Putting</b> 2:30 Hymn Sing 6:30 Bakerview MB 7:30 St. Matthews Anglican		<b>No in person activities during any possible outbreak/ isolation</b> <b>Tune into Channel 10 for programs!</b>		<b>Programs listed on TV Channel 10</b>  <b>Highlighted in-person activities.</b>

