

Terrace East Activities Calendar -May 2022-

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Channel 10 TV Services: 9:30 Church Service 2:30 Menno Chapel Service	2. 9:00 TV Exercise 10:15 Standing Exercise (4th Floor Lounge) 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 2:30 Bingo-1st Floor 6:30 Emmanuel Mennonite	3.*Nametag Tuesday* 9:00 Prayer 9:30 Brain Games-1st 10:00 Social 1st floor 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel 1:30 Bowling (4th Floor) 2:30 Hymn Sing 2:30 Bocce/Putting 6:30 Church Services	4. 9:00 Prayer 9:30 Standing Exercise-TE 4th 10:00 TV Exercise 10:00 Java Club-TE 1st 10:30 Library (6th Floor) 11:15 Music with Marty 1:20 Workbook Answers 1:30 TV Bingo-1st Floor 2:30 Arts&Crafts-1st Floor 6:30 Sherbrooke/7:30 Broadway	5.8:30 Ladies' Breakfast (Dining Room) 9:00 Prayer 9:45 Table games-TE 1st 10:00 TV Exercise 11:15 Music with Marty 1:30 Bingo-1st Floor 2:00 Hearing Clinic-TE 3rd 2:30 Bible Study 6:30 7 Oaks/ 7:30 Mill Lake	6. 9:00 Northview MB Service 9:30 Standing Exercise-4th 10:00 TV Exercise 10:00 Social-1st Floor 2:30 Bethel Mennonite 2:00 Pool Table- 3rd Floor 2:30 Jeopardy/Trivia-1st 6:30 Central Heights	7. 10:00 TV Exercise *Riddle on screen* 1:30 Concerts in Care 6:30 South Abby Church
8. Happy Mother's Day! Channel 10 TV Services: 9:30 Church Service 2:30 Menno Chapel Service	9. 9:00 TV Exercise 10:15 Standing Exercise (4th Floor Lounge) 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 2:30 Bingo-1st Floor 6:30 Emmanuel Mennonite	10. 9:00 Prayer 9:30 Brain Games-Bistro 10:00 TV Exercise 10-3 Clarks Shoe Sale 1st Floor Lounge 11:00 Menno Forum 1:30 Arm Chair Travel 1:30 Bowling (4th Floor) 2:30 Hymn Sing 2:30 Bocce/Putting 6:30 Church Services	11. 9:00 Prayer 9:30 Standing Exercise-TE 4th 10:00 TV Exercise 10:00 Java Club-TE 1st 10:30 Library (6th Floor) 11:15 Music with Marty 1:20 Workbook Answers 1:30 TV Bingo-1st Floor 2:30 Coloring-1st Floor 6:30 Sherbrooke/7:30 Broadway	12. 9:00 Prayer 9:30 Shopping Trip 9:45 Table games-TE 1st 10:15 Walking Club 10:00 TV Exercise 11:15 Music with Marty 1:30 Bingo-1st Floor 2:30 Throwback Thursday 2:30 Bible Study 6:30 7 Oaks/ 7:30 Mill Lake	13. 9:00 Northview MB Service 9:30 Standing Exercise-4th 10:00 TV Exercise 10:00 Social-1st Floor 2:30 Bethel Mennonite 2:00 Pool Table- 3rd Floor 2:30 Jeopardy/Trivia-1st 6:30 Central Heights	14. 10:00 TV Exercise *Riddle on screen* 1:30 Concerts in Care 6:30 South Abby Church
15. Channel 10 TV Services: 9:30 Church Service 2:30 Menno Chapel Service	16. 9:00 TV Exercise 10:15 Standing Exercise (4th Floor Lounge) 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 2:30 Bingo-1st Floor 6:30 Emmanuel Mennonite	17. Resident Art Gallery 9:00 Prayer 9:30 Trivia/Jeopardy-1st 10:00 Social -1st Floor 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel 1:30 Bowling (4th Floor) 2:30 Hymn Sing 2:30 Bocce/Putting 6:30 Church Services	18. Resident Art Gallery 9:00 Prayer 9:30 Standing Exercise-TE 4th 10:00 TV Exercise 10:00 Java Club-TE 1st 10:30 Library (6th Floor) 11:15 Music with Marty 1:20 Workbook Answers 1:30 TV Bingo-1st Floor 2:30 Arts&Crafts-1st Floor 6:30 Sherbrooke/7:30 Broadway	19. Resident Art Gallery 9:00 Prayer 9:45 Table games-TE 1st 10:15 Walking Club 10:00 TV Exercise 11:15 Music with Marty 1:30 Bingo-1st Floor 2:30 Throwback Thursday 2:30 Bible Study 6:30 7 Oaks/ 7:30 Mill Lake	20. Resident Art Gallery 9:00 Northview MB Service 9:30 Standing Exercise-4th 10:00 TV Exercise 10:00 Social-1st Floor 10:45 Fitness Equipment Orientation (TE 4th Floor) 2:30 Bethel Mennonite 2:00 Pool Table- 3rd Floor 2:30 Jeopardy/Trivia-1st 6:30 Central Heights	21. *Riddle on screen* 10:00 TV Exercise 1:30 Concerts in Care 6:30 South Abby Church
22. Channel 10 TV Services: 9:30 Church Service 2:30 Menno Chapel Service	23. "No Recreation Staff" 9:00 TV Exercise 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 6:30 Emmanuel Mennonite 	24. *Nametag Tuesday* 9:00 Prayer 9:30 Brain Games-1st 10:00 Social -1st Floor 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel 1:30 Bowling (4th Floor) 2:30 Hymn Sing 2:30 Bocce/Putting 6:30 Church Services	25. 9:00 Prayer 9:30 Standing Exercise-TE 4th 10:00 Java Club-TE 1st 10:00 TV Exercise 10:30 Library (6th Floor) 11:15 Music with Marty 1:20 Workbook Answers 1:30 TV Bingo-1st Floor 2:30 Coloring-1st Floor 6:30 Sherbrooke/7:30 Broadway	26. 9:00 Prayer 9:45 Table games-TE 1st 10:15 Walking Club 10:00 TV Exercise 11:15 Music with Marty 1:30 Bingo-1st Floor 2:30 Throwback Thursday 2:30 Bible Study 6:30 7 Oaks/ 7:30 Mill Lake	27. 9:00 Northview Service 9:30 Standing Exercise-4th 10:00 TV Exercise 10:00 Social-1st Floor 1:30 Bus Trip-Potters 2:00 Pool Table- 3rd Floor 2:30 Bethel Mennonite 2:30 Jeopardy/Trivia-TE 1st 6:30 Central Heights	28. *Riddle on screen* 10:00 TV Exercise 1:30 Concerts in Care 6:30 South Abby Church
29. Channel 10 TV Services: 9:30 Church Service 2:30 Menno Chapel Service	30. 9:00 TV Exercise 10:15 Standing Exercise (4th Floor Lounge) 10:00 Mural Painting 1:15 Painting Class 2:30 Bakerview Church 2:30 Music with Nick Klassen-Dining Room 6:30 Emmanuel Mennonite	31. *Nametag Tuesday* 9:00 Prayer 9:30 Jeopardy/Trivia-1st 10:00 Social -1st Floor 10:00 TV Exercise 11:00 Menno Forum 1:30 Arm Chair Travel 1:30 Bowling (4th Floor) 2:30 Hymn Sing 2:30 Bocce/Putting 6:30 Church Services		Programs listed on TV Channel 10. Highlighted in-person activities.	No in person activities during any possible outbreak/ isolation Tune into Channel 10 for programs	

