

All Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am - Current Events/News & Views 9:30am - Monthly Decorating 10:15am - Pamper Me Beautiful 11:00am - 1:1 - Intellectual 1:30pm - Java Music 2:30pm - Seasonal/Holiday Decorating	2
3 9:30am - Circle of Friends 10:00am - Knowledge Network 11:00am - Intergenerational Program 1:30pm - Reminisce and Recall 2:30pm - Chapel	4 9:30am - Stretch & Strength Exercises 10:30am - Ladies Group 1:30pm - Spring Craft	5 9:15am - Family & Friends Zoom Calls 9:45am - Art & Soul 10:30am - Encourage & Enrich Social Visits 1:15pm - Bus Trip 1:30pm - 1:1 Art Therapy Room Visits	6 9:15am - Family & Friends Zoom Calls 9:30am - Meditation & Yoga 10:30am - Reminisce and Recall 1:30pm - Bingo 2:30pm - Mining for Words	7 9:15am - Family & Friends Zoom Calls 10:00am - Baking/Cooking 1:00pm - Devotions 2:00pm - Mix & Mingle 2:30pm - Fiction Addictions	8 9:30am - Current Events/News & Views 10:15am - Pamper Me Beautiful 11:00am - 1:1 - Social 1:30pm - Java Music 2:30pm - Games Day Afternoon	9
10 9:30am - Circle of Friends 10:00am - Knowledge Network 11:00am - Intergenerational Program 1:30pm - Reminisce and Recall 2:30pm - Chapel	11 9:30am - Stretch & Strength Exercises 10:30am - Men's Group 1:30pm - Spring Fling Event with Wylie & The Other Guy	12 9:15am - Family & Friends Zoom Calls 9:45am - Art & Soul 10:30am - Encourage & Enrich Social Visits 1:30pm - Group Art Therapy 2:30pm - Snacks & Chats	13 9:15am - Family & Friends Zoom Calls 9:30am - Meditation & Yoga 9:30am - Music Therapy 1:30pm - Bingo 2:30pm - Crossword Puzzles	14 9:15am - Family & Friends Zoom Calls 10:00am - Baking/Cooking 1:00pm - Devotions 2:00pm - Mix & Mingle 2:30pm - Active Games	15 GOOD FRIDAY NO RECREATION	16
17 9:30am - Circle of Friends 10:00am - Knowledge Network 11:00am - Intergenerational Program 1:30pm - Reminisce and Recall 2:30pm - Chapel	18 EASTER MONDAY NO RECREATION	19 9:15am - Family & Friends Zoom Calls 9:45am - Art & Soul 10:30am - Encourage & Enrich Social Visits 1:30pm - 1:1 Art Therapy Room Visits 1:30pm - Trivia Tuesdays 2:30pm - Walks & Talks in the Courtyard	20 9:15am - Family & Friends Zoom Calls 9:30am - Meditation & Yoga 10:30am - Reminisce and Recall 1:30pm - Bingo 2:30pm - Mining for Words	21 9:15am - Family & Friends Zoom Calls 10:00am - Baking/Cooking 1:00pm - Devotions 2:00pm - Mix & Mingle 2:30pm - Fiction Addictions	22 9:30am - Current Events/News & Views 10:15am - Pamper Me Beautiful 11:00am - 1:1 - Social 1:30pm - Java Music 2:30pm - Games Day Afternoon	23
24 9:30am - Circle of Friends 10:00am - Knowledge Network 11:00am - Intergenerational Program 1:30pm - Reminisce and Recall 2:30pm - Chapel	25 9:30am - Stretch & Strength Exercises 10:30am - Men's Group 1:30pm - Humour Club 2:30pm - Patio Planting Begins	26 9:15am - Family & Friends Zoom Calls 9:45am - Art & Soul 10:30am - Encourage & Enrich Social Visits 1:30pm - Group Art Therapy 2:30pm - Snacks & Chats	27 9:15am - Family & Friends Zoom Calls 9:30am - Meditation & Yoga 9:30am - Music Therapy 1:30pm - Bingo 2:30pm - Crossword Puzzles	28 9:15am - Family & Friends Zoom Calls 10:00am - Baking/Cooking 1:00pm - Devotions 2:00pm - Mix & Mingle 2:30pm - Active Games	29 9:30am - Current Events/News & Views 10:15am - Pamper Me Beautiful 11:00am - 1:1 - Intellectual 1:30pm - Java Music 2:30pm - Movie Matinee	30

